

**FINAL EXAMINATION**  
**Post Graduate Diploma in Yoga**  
**Paper Code: PGDY0203**  
**Paper Name: Classical Hatha Yoga Texts**

**Maximum Marks = 70**

**Maximum Time = 3 Hrs.**

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The question paper has seven questions. The candidate must attend only five of them. All the questions has equal marks.

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|-------------|---|----------|
| Question 1. | What are the Chitta Vrittis? How are they regulated?          | 14 Marks |
| Question 2. | Write an essay on Kriya Yoga and Panchakleshas.               | 14 Marks |
| Question 3. | Write an essay on Astanga Yoga.                               | 14 Marks |
| Question 4. | Define Iswara. Write about the concept of God in Yoga sutras. | 14 Marks |
| Question 5. | Write an essay on mind and its vasanas.                       | 14 Marks |
| Question 6. | Describe the Siddhis mentioned in yoga sutras.                | 14 Marks |
| Question 7. | Write short note on-  | 14 Marks |
|             | i. Classical of Samadhi                                       |          |
|             | ii. Siddhis   |          |
|             | iii. Dharma mega Samadhi                                      |          |